**Measurement Conversion Chart**

|  |
| --- |
| **LENGTH**  **Metric** **Customary**  1 kilometer = 1,000 meters 1 mile = 5,280 feet  1 meter = 100 centimeters 1 mile = 1,760 yards  1 meter = 1,000 millimeters 1 yard = 3 feet  1 centimeter = 10 millimeters 1 foot = 12 inches |
| **CAPACITY**  **Metric Customary**  1 liter = 1,000 milliliters 1 gallon = 4 quarts  1 gallon = 128 ounces  1 quart = 2 pints  1 pint = 2 cups  1 cup = 8 ounces |
| **MASS and WEIGHT**  **Metric** **Customary**  1 kilogram = 1,000 grams 1 ton = 2,000 pounds  1 gram = 1,000 milligrams 1 pound = 16 ounces |
| **TIME**  1 year = 365 days  1 year = 52 weeks  1 year = 12 months  1 week = 7 days  1 day = 24 hours  1 hour = 60 minutes  1 minute = 60 seconds |