**Measurement Conversion Chart**

|  |
| --- |
| **LENGTH****Metric** **Customary**1 kilometer = 1,000 meters 1 mile = 5,280 feet1 meter = 100 centimeters 1 mile = 1,760 yards1 meter = 1,000 millimeters 1 yard = 3 feet1 centimeter = 10 millimeters 1 foot = 12 inches |
| **CAPACITY****Metric Customary**1 liter = 1,000 milliliters 1 gallon = 4 quarts 1 gallon = 128 ounces 1 quart = 2 pints 1 pint = 2 cups 1 cup = 8 ounces |
| **MASS and WEIGHT****Metric** **Customary**1 kilogram = 1,000 grams 1 ton = 2,000 pounds1 gram = 1,000 milligrams 1 pound = 16 ounces  |
| **TIME**1 year = 365 days1 year = 52 weeks1 year = 12 months1 week = 7 days1 day = 24 hours1 hour = 60 minutes1 minute = 60 seconds |